


[DOWNLOAD](#)


Reflections On Life (Paperback)

By Christopher Ejmond

Chipmunkapublishing, United Kingdom, 2008. Paperback. Book Condition: New. 200 x 126 mm. Language: English Brand New Book ***** Print on Demand *****. Description Reflections on Life is a collection of poems which describes the life experiences of the author who has lived with the personal legacy of child abuse, followed by the descent into mental illness (schizophrenia and OCD) and alcoholism. The poems carry a message of hope by exploring the complex mental landscapes of co-morbidity, dual diagnosis, psychosis, childhood, the power of ideas, emotions, thoughts, pain, loss, actions and relationships. The poems invite the reader on a journey through a world where the experience of mental distress has carved a creative channel through the darkness and loneliness of illness and points to a way forward. The author has experienced mental health problems since early childhood (OCD at five, schizophrenia since his teens). He has experienced stigma and discrimination from family, school and society but has learned to forgive along the way through the medium of poetry. The author has lived with severe and enduring mental illness, suicidal ideation, a plethora of psychotic symptoms, voices and perceptual aberrations, as well as the efforts of a sometimes unhelpful and clumsy mental health...



[READ ONLINE](#)

[4.41 MB]

Reviews

Completely essential read book. It is one of the most remarkable publication i have got study. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- *Santina Bogan*

This pdf is great. I am quite late in start reading this one, but better then never. I am effortlessly can get a delight of looking at a composed publication.

-- *Samara Hudson*

You May Also Like



Two Treatises: The Pearle of the Gospell, and the Pilgrims Profession to Which Is Added a Glasse for Gentlewomen to Dresse Themselves By. by Thomas Taylor Preacher of Gods Word to the Towne of Reding. (1624-1625) (Paperback)

Proquest, Eebo Editions, United States, 2010. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.EARLY HISTORY OF RELIGION. Imagine holding history in your hands. Now you can. Digitally preserved and previously accessible...



Two Treatises: The Pearle of the Gospell, and the Pilgrims Profession to Which Is Added a Glasse for Gentlewomen to Dresse Themselves By. by Thomas Taylor Preacher of Gods Word to the Towne of Reding. (1625) (Paperback)

Proquest, Eebo Editions, United States, 2010. Paperback. Book Condition: New. 246 x 189 mm. Language: English Brand New Book ***** Print on Demand *****.EARLY HISTORY OF RELIGION. Imagine holding history in your hands. Now you can. Digitally preserved and previously accessible only...



From Dare to Due Date (Paperback)

Harlequin, United States, 2016. Paperback. Book Condition: New. Not for Online.. 168 x 104 mm. Language: English . Brand New Book. THE NIGHT THEY MADE A BABY Mia Palinski had never even considered herself the kind of girl to have a one-night...



Talking Digital: A Parent's Guide for Teaching Kids to Share Smart and Stay Safe Online (Paperback)

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. It is time for the digital talk. Today, kids are growing up in a wired world. Their online interactions, the good and the bad,...



A Parent's Guide to STEM (Paperback)

U.S. News World Report, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.This lively, colorful guidebook provides everything you need to know to help your child get inspired, succeed...



Bully, the Bullied, and the Not-So Innocent Bystander: From Preschool to High School and Beyond: Breaking the Cycle of Violence and Creating More Deeply Caring Communities (Paperback)

HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203 x 135 mm. Language: English . Brand New Book. An international bestseller, Barbara Coloroso's groundbreaking and trusted guide on bullying—including cyberbullying—arms parents and teachers with real solutions for a...