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Organize Your Thoughts in 24 Hours!: 50 Best Strategies to Organize Your Brain, Declutter Your Mind, and Have Creative Thinking in the Way You Want (Paperback)

By Christ Lewis

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Organizing your thoughts-trying to assemble the big picture of how you will go about making decisions as you manage the practical realities of your disability-is a beginning step in getting organized. Creating this big picture is hard work, but with the guides in this book, you ll find your guiding principles on how you should Organize Your Brain, Declutter Your Mind, and Have Creative Thinking in The Way You Want What Will You Learn From This Book. *Maintain A Task List *Prioritize Your Task List *Keep Your Focus On *Feel Free To Experiment *Take A Walk *Keep Your Place Clean *Set Short Term Goals *Never Hurry Unnecessarily *De-Stress From Time To Time *The Power Of Meditation *Set Time Frames *Do Not Leave The Work Unfinished *Keep Off The Distractions *Say Yes To No *Say Bye To MondayBlues *Be An Early Morning Person *Make Timetables For Every Day *Have Adequate Sleep *Do Not Postpone Your Work *Mind The Numbers *Failure Doesn t Means You Can t Succeed *Believe In Yourself *Confidence Is The Key *Take A Break Occasionally *Look...



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