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A Handbook of Hypnotherapy: A Practitioners' Guide

By Peter Marshall

Oakley Books Ltd. Paperback. Book Condition: new. BRAND NEW, A Handbook of Hypnotherapy: A Practitioners' Guide, Peter Marshall, In simple, plain English style, this book will guide you through the entire subject - the theories underlying hypnosis, the disorders it can be used to treat, the wide range of procedures and the protocols for treating different conditions. You will find step-by-step guidance on how to conduct a course of hypnotherapy, from the initial consultation, through establishing rapport with the client, taking a case history, deciding on the appropriate techniques to use, setting realistic therapy aims and objectives, psycho-education, gathering of therapy resources, induction, deepening, therapeutic intervention, ego strengthening to wakening the patient. There is even a chapter that deals with all aspects of managing a successful therapy practice.



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