



Rucksack Guide: Rock Climbing

By Alun Richardson

Bloomsbury Publishing PLC. Paperback. Book Condition: new. BRAND NEW, Rucksack Guide: Rock Climbing, Alun Richardson, Rucksack Guide - Rock Climbing is your essential handbook when climbing. It offers concise guidance and support for any situation you might find yourself in, including: technical skills: tips and reminders on the key climbing techniquesrope work: what knots to use in certain situations and how to tie themtypes: aid climbing, free climbing, big walling and ice climbing safety: essential procedures to ensure the safety of yourself, your party and others on the rock faceemergencies: guidance on what to do in extreme situations. The book is colour-coded for easy reference and all information is presented in lists and tables, making it simple to understand in testing conditions. The Rucksack Guide series is taken from Mountaineering: The essential skills for mountain walkers and climbers, the definitive handbook for hill walkers, climbers and mountaineers.



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