



## How to Meet and Work with Spirit Guides (New edition)

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By Ted Andrews

Llewellyn Publications, U.S. Paperback. Book Condition: new. BRAND NEW, How to Meet and Work with Spirit Guides (New edition), Ted Andrews, Each of us can benefit from contact with the spiritual realm, and we often do so without realizing it. Spirit guides serve many roles and take many forms of expression within our lives. They inspire creativity and insight, help open us to abundance, protect us, and serve as our companions. In How To Meet and Work with Spirit Guides, popular author Ted Andrews teaches you simple and effective techniques for establishing rapport with your angels and guides. Explore meditation, divination, fragrance, crystals, and other ways to connect with spirit helpers, and enjoy the many gifts and learning opportunities gained by working with: Guardian angels Spirit guides Loved ones in spirit Animal totems Nature spirits Fairies.

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